

Class Description

Classes will be held Monday through Saturday with morning, early afternoon and evening classes available. There will be 3 teaching rooms, therefore many classes will be available in all age groups.

Preschool Combination

Preballet, tap and tumbling prepares children for a more formal dance training.

Each focuses on strength, coordination, rhythm, body control and self-esteem. Dance stories, props and various music is used to enhance creativity.



*Young Children's Class
"Happy Dancers"*

Terrific Two's (Age 2 by Sept. 1)

Intro to dance with basic rhythms, movement and song. Students learn to follow teachers instruction while interacting in a social situation with their peers.

Ballet & Tap Combination

Ballet & Tap Combination is offered to school age children for versatility and knowledge of different types of dance and how they relate to each other. At this level, we teach terminology and good basic foundation to lay the ground work for a more mature interest in dance.

Jazz

Jazz is high energy movement from various styles. Good technique is stressed, therefore a foundation in ballet is recommended.

Pointe

Pointe is taught to children at least 10 years of age and older with a minimum of two years of classical ballet.



Pointe Work

Tap

Tap combines rhythmic precision and body coordination through footwork.

Classical Ballet

Classical Ballet is suggested for children 8 years and older. It is a disciplined form of ballet as taught in the Cecchetti Technique. Emphasis on body placement and terminology and music accompaniment is stressed.



*Ballet Students
"Exam Candidates"*

Hip Hop

Hip Hop is a free style dance expression incorporating ballet steps from jazz dance, Street Dance and Break Dance moves set to upbeat popular music to rap music.

Pilates